



red rice

This recipe comes from a friend in Shanghai...
and is a super-fast and spectacular way to
prepare rice!

INGREDIENTS

red rice
SERVES 2-3

Method: see episode 5 of i-cooktv

- Chop the tomato.
- finely chop the garlic, chilli and ginger.
- heat a little of the oil in a frying pan and add the garlic chilli and ginger.
- after 20 seconds, add the chopped tomato.
- after another 30 seconds, add the tomato paste, soy sauce and a little water.
- cook for 30 seconds more, then add the rice and serve.

Buon appetito!

Enjoy!

- extra virgin olive oil
- 150g of cooked rice
- 1 tomato
- 2 Pieces of garlic
- 1 or 2 red hot chillis
- a small piece of fresh ginger
- 3 spoonfuls of light soy sauce
- a small can of tomato paste

